

Dear Parents,

My name is **Cassie Dorsey** and I am the athletic trainer at **New Berlin High School**.

### **Contact Information**

Please do not hesitate to contact me if you have questions or concerns. My cell phone is the best way to get in touch with me (texting works better than calling). Below are my phone number and my email address.

**Cell phone: 217-341-0353**

**cdorsey@pretzelpride.com**

### **Reporting Injuries**

It is very important that all injuries get reported to me as soon as possible. If you are away at another school and an injury occurs, please text or call me. I will keep you updated on all injuries and the return to play status of your student athletes. If you ever have a question about your student athlete, please do not hesitate to ask. I am working with **Dr. Herrin at Orthopedic Center of Illinois for orthopedic related injuries**. I can usually get you an appointment within 48hrs (dependent on insurance).

### **Returning an Athlete to Play**

It is school policy that any time an athlete seeks care from a physician for an athletic injury, that athlete may not return to play until we receive a written note from the physician for releasing the athlete for participation. **There is no exception to this rule. Parent notes are unacceptable.** Also understand that even though the doctor note releases your child to play he or she may have to progress back into activity.

### **Concussion**

If a concussion is suspected, you must see a doctor. Please make sure that I receive notes and if needed can communicate with their doctor if necessary. New Berlin High School follows Illinois state law and has return to learn and return to play policies. We utilize Sportsbrain for preseason baseline testing to use as another tool to help with determining return to learn and play decisions. Be aware that once your child is cleared to begin activity there is a 5 stage return to play progression that must be completed before returning to sport completely.

Again, please do not hesitate to contact me with any problems or concerns.

Thank you,

Cassie Dorsey, MS, ATC

217-341-0353

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